

A contemporary, quick, and casual salad and sandwich restaurant, that features signature and **create-your-own salads**, made to order wraps and **handcrafted** sandwiches.

Field of Greens is a **family-owned** business founded in 2003. We are active in the community with a strong commitment to current issues.

We are forging ahead in an effort to **go green**. We can accommodate most dietary requests. We have many **vegan and vegetarian options**. Our soups are **homemade**, many are naturally cholesterol and fat free, and most of our dressings are gluten free. We pride ourselves on our attention to detail and our customer service.

Field of Greens always offers a **fresh and unique** salad and sandwich experience.

CityPlace
The Pointe at Wellington Green
Downtown @ The Gardens

Delivery Available
 Call for location details



Like Us on Facebook and Follow Us on Twitter



Greens:

Spinach Iceberg Lettuce
 Baby Field Greens Romaine Lettuce

Garnishes:

Tomato	Peas	Raisins
Cucumber	Beets	Cran Raisins
Red Onion	Black Beans	Sundried Tomatoes
Broccoli	Kidney Beans	Croutons
Bell Pepper	Garbanzo Beans	Chow Mein Noodles
Mushroom	Corn	Bacon Bits
Carrot	Banana Peppers	Sunflower Seeds
Red Cabbage	Pepperoncini Peppers	Walnuts
Broccoli Slaw	Green Olives	Almonds
Snow Pea Pods	Black Olives	Hard Boiled Egg
Celery	Water Chesnuts	Gorgonzola Cheese
Granny Smith Apples	Bamboo Shoots	Jack Cheese
Alfalfa Sprouts	Mandarin Oranges	Feta Cheese
	Edamame	

Dressings:

Balsamic Vinaigrette*	Italian*	Caesar*
Ranch*	BBQ Ranch*	Greek*
Oil and Vinegar*	Chunky Bleu Cheese	Dijon Honey Mustard
Oriental Honey Ginger	1000 Island	Catalina French
Sweet Vidalia Onion Vinaigrette	Light Balsamic Vinaigrette	Low Fat Zinfandel Vinaigrette
Low Fat Mango Poppy	Low Fat Ranch	Fat Free Toasted Sesame
	Fat Free Raspberry Vinaigrette	

* **Homemade Dressings**

Smoothies \$3.95

Strawberry, Banana, Mango and Pina Colada
 CityPlace and Downtown @ the Gardens Only

Ask About Our Assorted Homemade Desserts

Assorted Fountain and
 Bottled Beverages Available



**Create Your Own
 Salad and
 Sandwich Experience**

CityPlace

460 South Rosemary Ave
 Suite 180, West Palm Beach, FL
 T: 561-820-2465 F: 561-820-1498

Downtown @ the Gardens

11701 Lake Victoria Gardens Ave.
 Palm Beach Gardens, FL 33410
 T: 561-625-0036 F: 561-625-0973

The Pointe at Wellington Green

10140 Forest Hill Blvd.
 Wellington, FL 33414
 T: 561-795-4345 F: 561-795-4301

fieldofgreenonline.com

We Deliver

Grilled Panini Sandwiches

Grilled Chicken Sandwich \$7.95

Sliced Chicken Breast, Swiss Cheese, Tomato, Homemade Dijon-Balsamic Dressing, Grilled on Artisan Flatbread

Black Forest Ham & Smoked Gouda Panini \$7.95

Black Forest Ham, Smoked Gouda Cheese, Onion & Homemade Cajun Aioli, Grilled on a Ciabatta Roll

Grilled Southwest Wrap \$7.95

Roasted Chicken Breast, Black Beans, Corn, Peperoncini, Onion, Green Peppers, Jack Cheese & Homemade BBQ Ranch Dressing, Grilled on Your Choice of Tortilla

Pulled Pork Havana Sandwich \$7.95

Pulled Pork with Our Blend of Sweet Vidalia Honey Mustard & Swiss Cheese, Grilled on a Pretzel Roll

BBQ Chicken Quesadilla \$6.95

BBQ Chicken, Onion, Peperoncini & Jack Cheese, Grilled on a Whole Wheat Quesadilla. Served with a Side of BBQ Ranch Dressing

Signature Sandwiches \$7.25

The Gobbler

Sliced Turkey Breast, Fresh Mozzarella Cheese, Sundried Tomato, Baby Field Greens & Homemade Balsamic Vinaigrette, Served on a Whole Wheat Wrap Unless Otherwise Requested

Italian Combo

Ham, Salami, Provolone, Lettuce, Tomato, Onion & Homemade Italian Dressing Served on a Fresh Ciabatta Roll Unless Otherwise Requested

Waldorf Chicken Salad Sandwich

Field of Green's Homemade Chicken Salad Mixed with Raisins, Walnuts & Apples, Topped with Alfalfa Sprouts, Served on Multigrain Bread Unless Otherwise Requested

Deli Sandwiches & Wraps \$7.25

Deli Meats:

Black Forest Ham, Turkey Breast, Salami, Chicken Salad, Tuna Salad or Egg Salad

Deli Cheese:

Cheddar Cheese, American Cheese, Provolone Cheese, Swiss Cheese or Gouda Cheese

Bread/Wrap Selection:

Multigrain, Sourdough, Ciabatta, Sundried Tomato Focaccia or Artisan Flat Bread; Plain Wrap, Spinach Wrap, Tomato-Basil Wrap or Whole Wheat Wrap

Add Lettuce, Tomato, Onion, Yellow Mustard, Spicy Dijon Mustard or Mayonnaise

"Pick-Two" \$7.25 pick two of the following:

Half Caesar Salad

Any Half Sandwich or Panini on Sliced Multigrain or Sourdough Bread Only

Any 8 oz. Cup of Field of Greens Homemade Soup (Upgrade to a 12 oz. Bowl of Soup for \$1 Extra)

Field of Greens Famous Vegetarian Chili

Homemade, Fat-Free & Cholesterol-Free

How Would You Like It?

8 oz. Cup \$2.95 12 oz. Bowl \$3.95 Pint \$4.95

Other Homemade Soups Listed Daily

Fiesta Chili Bowl \$6.95

Generous Portion of Chili Over Tortilla Chips Topped with Jack Cheese, Sour Cream & Banana Peppers

Chili Potato \$5.95

Baked Potato Topped with Chili, Jack Cheese & Sour Cream

Ask about a **Crock Pot Chili Fiesta** for your next catered party!

Field of Greens Create Your Own Salad \$8.25

Create Your Very Own Specialty Salad from Our Fresh Salad Line Over 60 Items to Choose from & Over 20 Dressings. Check Our Full List on Back of Menu.

Additional Items:

Roasted Chicken	2.50	Waldorf Chicken Salad	2.50
Teriyaki Chicken	2.50	Avocado	1.95
Buffalo Chicken	2.50	Asparagus	1.00
Turkey Breast	2.50	Goat Cheese	1.00
Chicken Salad	1.95	Mozzarella Cheese	1.00
Tuna Salad	1.95	Portabello Mushroom	1.00

Vegetarian? We Didn't Forget About You!

Tuscan Veggie Panini \$7.95

Fresh Asparagus, Portabello Mushroom & Goat Cheese, Grilled on Sundried Tomato Focaccia

Wellington Caprese Panini \$7.95

Basil Pesto, Fresh Mozzarella Cheese & Sliced Tomato, Grilled on Sundried Tomato Focaccia

California Veggie Burger (Dr. Praeger's Vegan) \$6.95

Served on a Toasted Whole Wheat Roll with Lettuce and Tomato

Spicy Black Bean Salsa Veggie Burger \$7.95

Topped with Fresh Mango & Avocado Grilled on a Ciabatta Roll

Field of Greens Signature Salads and Wraps

Chicken Caesar Salad \$7.95 Wrap \$6.95

Romaine Lettuce, Roasted Chicken Breast, Croutons, Homemade Caesar Dressing

Classic Greek Salad \$7.95 Wrap \$7.25

Iceberg Lettuce, Roasted Chicken Breast, Diced Tomato, Green Peppers, Cucumber, Red Onion, Black Olives, Homemade Greek Dressing, Topped with feta cheese

Santa Fe Salad \$7.95 Wrap \$7.25

Romaine Lettuce, Roasted Chicken Breast, Diced Tomato, Green Pepper, Red Onion, Peperoncini Peppers, Corn, Black Beans, Chow Mein Noodles, Homemade BBQ Ranch Dressing, Topped with Jack Cheese

Shanghai Salad \$7.95 Wrap \$7.25

A Mix of Romaine and Baby Field Greens, Teriyaki Chicken, Diced Tomato, Bamboo Shoots, Water Chestnuts & Chow Mein Noodles Oriental Honey Ginger Dressing

City Place Salad \$7.95 Wrap \$6.95

Baby Field Greens, Diced Tomato, Celery, Granny Smith Apples, Raisins, Walnuts, Homemade Oil & Vinegar Dressing, Topped with Gorgonzola Cheese

Chef Salad \$8.95 Wrap \$7.95

A Mix of Iceberg and Romaine Lettuces, Black Forest Ham & Turkey Breast, Diced Tomato, Cucumber, Black Olives, Hard Boiled Egg, Homemade Ranch dressing, Topped with Jack Cheese

Tuscan Salad \$8.95 Wrap \$7.95

Baby Field Greens, Roasted Chicken Breast, Sundried Tomato, Walnuts, Portobello Mushroom, Asparagus Spears, Homemade Balsamic vinaigrette, Topped with Goat Cheese

"FOG"(Field of Greens) Salad \$8.95 Wrap \$7.95

Baby Spinach, Diced Turkey Breast, Tomato, Carrot, Cran Raisins, Almonds, Homemade Raspberry-Balsamic Vinaigrette, Topped with Goat Cheese

Red Hot Buffalo Salad \$8.95 Wrap \$7.95

Iceberg and Romaine Lettuces, Roasted Chicken Breast Tossed in Red Hot Buffalo Sauce, Diced Tomato, Red Onion, Celery, Homemade Ranch Dressing, Topped with Gorgonzola Cheese

Additions to Signature Salads and Wraps \$.50 per item

On the Lighter Side of the Field

Half Chicken Caesar Salad \$5.95

Romaine lettuce, Roasted Chicken Breast & Croutons Tossed in Caesar Dressing

Tuna Melt \$5.95

Tuna Salad & American Cheese Grilled on Multigrain Bread

Caprese Salad \$5.95

Fresh Spinach, Fresh Mozzarella Cheese, Sliced Tomato Served with a Side of Balsamic Vinaigrette

Scoop on a Bed \$5.95

Your Choice of One Scoop: Tuna Salad, Chicked Salad, Waldorf Chicken Salad or Egg Salad Surrounded by Diced Tomato on a Bed of Greens with a Side of Balsamic Vinaigrette

Homemade Hummus \$5.95

Fresh Homemade Hummus Served with Pita

Share charge \$1.00

Prices exclude tax and may vary

Menu subject to change without notice